

M.A.S.H.

North Pinellas Branch

Mainstream Adults Sharing Hope

January—December 2009 Schedule (*Subject to Change)

*Activities at YMCA are scheduled from 7-9 pm

January 9, 2009

- HOOAH-BOOT CAMP

* Please remember to wear appropriate shoes/clothing.

January 23

- BALLROOM DANCING

* wear appropriate shoes— no sandals or heels

February 6

- VALENTINE'S PARTY/DANCE

* if you would like, bring your sweetie!

February 28—*SATURDAY*

- SPRING TRAINING BASEBALL—Phillies vs Rays

*More details to follow! We will take a bus.

March 13

- LOCK-IN—Stay-overnight @ the Y in tents.

*Games, crafts, movies...

March 28—*SATURDAY*

- COMMUNITY SERVICE & PIZZA—helping the Homeless @ Grace House in Clearwater.

* We will take a bus. More details to come!

April 17, 18—*FRIDAY & SATURDAY*

- “RELAY FOR LIFE” in Oldsmar— MASH out Cancer!!

* Staying overnight @ Canal Park in tents

May 1

- CRAFT FOR MOTHERS DAY

*Wear appropriate clothes—we will be painting.

May 15

- WACKY POTLUCK & GAMES

*More details to follow!

June 12

- FATHERS DAY CRAFT

*Bring a empty cereal box & wear clothes for painting.

June 26

- FIRST AID & EMERGENCY SKILLS

* Please bring \$3

July 10

- SPORTS CHALLENGE

* Please remember to wear appropriate shoes/clothing

July 24

- SCIENCE NIGHT

August 7

- MOVIE NIGHT

August 21

- HORSEBACK RIDING

*We will take a bus and cost is \$10/ be here @ 6:30

September 11

- POOL PARTY/COOK-OUT

*Don't forget your swimsuit and a side dish!

September 25

- SILLY OLYMPICS

* It may get messy —dress appropriately!

October 9

- 5 K for “ANNUAL GIVING”

* wear appropriate walking clothes & shoes

October 24th—*SATURDAY*

- MASH Bash—Costume contest

November 13

- BEING THANKFUL/Community Service Project

* making food boxes for the needy

December 11

- HOLIDAY CELEBRATION/ MAKE A GIFT

*cookie exchange—bring some cookies

Interested in learning more about the M.A.S.H program?

Please contact: Theresa Brandenburg at tbrandenburg@suncoastymca.org if you would like to become a member, volunteer, or sponsor of our program.

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

YMCA of the Suncoast,
North Pinellas Branch
4550 Village Center Drive
Palm Harbor, FL 34685
727-772-YMCA (9622)
www.ymcasuncoast.org



YMCA

We build strong kids,
strong families, strong communities.